

# TEEN TOBACCO CESSATION PROGRAM

The Utah County Health Department offers the Ending Nicotine Dependence (END) program for teen tobacco users. You must pre-register for the program by contacting the Utah County Health Department's Division of Health Promotion at (801)851-7095 or 7508 **no later than one week** before the start of the program. There are a limited number of slots available each month so please register early. You are required to obtain a parental permission form from the Division of Health Promotion, which must be completed, signed, and returned along with the \$25.00 non-refundable fee on the first day of class. Failure to do so by the first day of class will result in denial to attend the END class. There will be no classes in July or December. Please see below for class times and locations. Class **MUST** have a minimum of 5 participants to carry.

## THE 2014 SCHEDULE IS AS FOLLOWS:

<b>LEHI – Lehi High School (108 N 500 E in Portable #162) Mondays 4:00 PM – 5:30 PM</b>						
<b>January</b>	<b>6</b>	<b>8</b>	<b>13</b>	<b>15</b>	<b>22</b>	<b>27</b>
<b>March</b>	<b>3</b>	<b>5</b>	<b>10</b>	<b>12</b>	<b>17</b>	<b>19</b>
<b>May</b>	<b>5</b>	<b>7</b>	<b>12</b>	<b>14</b>	<b>19</b>	<b>21</b>
<b>August</b>	<b>4</b>	<b>11</b>	<b>18</b>	<b>25</b>		
<b>October</b>	<b>6</b>	<b>13</b>	<b>20</b>	<b>27</b>		
<b>PROVO – Utah County Health &amp; Justice Building (151 S University Ave. Suite 2700) Mondays 4:00 PM – 5:30 PM</b>						
<b>February</b>	<b>3</b>	<b>5</b>	<b>10</b>	<b>12</b>	<b>19</b>	<b>24</b>
<b>April</b>	<b>7</b>	<b>9</b>	<b>14</b>	<b>16</b>	<b>21</b>	<b>23</b>
<b>June</b>	<b>9</b>	<b>11</b>	<b>16</b>	<b>18</b>	<b>23</b>	<b>25</b>
<b>September</b>	<b>8</b>	<b>15</b>	<b>22</b>	<b>29</b>		
<b>November</b>	<b>3</b>	<b>10</b>	<b>17</b>	<b>24</b>		
<b>SPANISH FORK – Landmark High (615 S Main Street) Wednesdays 4:00 – 5:30 PM</b>						
<b>January</b>	<b>14</b>	<b>21</b>	<b>28</b>			
<b>May</b>	<b>13</b>	<b>20</b>	<b>27</b>			
<b>August</b>	<b>6</b>	<b>13</b>	<b>20</b>	<b>27</b>		
<b>October</b>	<b>1</b>	<b>8</b>	<b>15</b>	<b>22</b>		
<b>AMERICAN FORK – Health Department (599 S 500 E) Wednesdays 4:00 – 5:30 PM</b>						
<b>February</b>	<b>11</b>	<b>18</b>	<b>25</b>			
<b>April</b>	<b>8</b>	<b>15</b>	<b>22</b>			
<b>September</b>	<b>3</b>	<b>10</b>	<b>17</b>	<b>24</b>		
<b>November</b>	<b>5</b>	<b>12</b>	<b>19</b>	<b>26</b>		

## PARTICIPANTS MUST ATTEND ALL SESSIONS TO COMPLETE THE PROGRAM!

*Tobacco use kills more Americans than homicide, suicide, AIDS, motor vehicle crashes, drunk driving, alcohol, cocaine, heroin, SIDS, hepatitis, kidney disease, diabetes, stroke, and fire COMBINED!*

For more information regarding the END program, please contact  
Sarah Simons at (801)851-7096